

East Bay Resort – South Caicos

Inclusive Breakfast Menu

All Breakfasts include the continental buffet and 1 hot selection. You can create your own hot breakfast, or choose one of the chef's special breakfast plates

Continental Breakfast Buffet

Help yourself to a selection of Juices, fresh fruits, cereal, breads, tea and coffee.

Create your own Hot Breakfast Plate

(Choose any 3 items)

- **2 Eggs any style**
(Sunny Side Up, Over Easy, Over Hard, Scrambled, Poached, Boiled)
- **2 Fluffy Pancakes with Syrup**
- **2 slices cinnamon French toast with Syrup**
- **3 slices tomato**
- **Fried marinated mushrooms** (mushrooms, peppers, onions)
- **3 slices bacon**
- **2 Sausage Patties**
- **3oz Honey Cured Ham**
- **Angus Beef Frankfurter**
- **3oz Breakfast Steak**

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Chefs Breakfast Plates

(Choose 1 option)

- **Breakfast Sandwich**

2 Eggs, Bacon, sausage, Cheese, Lettuce, Tomato & Mayonnaise on a toasted bun.

- **Strawberry Cream Cheese Filled French Toast**

A cream cheese and strawberry jam sandwich dipped in a cinnamon & nutmeg egg mixture then fried to perfection
Served with syrup and your choice of 1 breakfast side

- **PBJ Filled French Toast**

A peanut butter and jelly sandwich dipped in a cinnamon & nutmeg egg mixture then fried to perfection
Served with syrup and your choice of 1 breakfast side

- **2 Egg Omelet**

A two egg omelet with your choice of fillings (cheese, ham, red pepper, onion, mushroom), served with your choice of 1 breakfast side

Breakfast Sides

- **3 slices tomato**
- **Fried marinated mushrooms** (mushrooms, peppers, onions)
- **3 slices bacon**
- **2 Sausage Patties**
- **3oz Honey Cured Ham**
- **Angus Beef Frankfurter**
- **3oz Breakfast Steak**