

East Bay Resort – South Caicos  
@ La Carte Breakfast Menu

**Continental Breakfast Buffet** \$19.64

Help yourself to a selection of Juices, fresh fruits, cereal, breads, tea and coffee.

**Create your own Hot Breakfast Plate** \$11.61

(Choose any 3 items)

- **2 Eggs any style**  
(Sunny Side Up, Over Easy, Over Hard, Scrambled, Poached, Boiled)
- **2 Fluffy Pancakes with Syrup**
- **2 slices cinnamon French toast with Syrup**
- **3 slices tomato**
- **Fried marinated mushrooms** (mushrooms, peppers, onions)
- **3 slices bacon**
- **2 Sausage Patties**
- **3oz Honey Cured Ham**
- **Angus Beef Frankfurter**
- **2 slices toast with butter**
- **Toasted bagel with butter or cream cheese**

**Chefs Breakfast Plates**

**Breakfast Sandwich** \$ 8.93

2 Eggs, Bacon, sausage, Cheese, Lettuce, Tomato & Mayonnaise on a toasted bun.

**Strawberry Cream Cheese Filled French Toast** \$10.71

A cream cheese and strawberry jam sandwich dipped in a cinnamon & nutmeg egg mixture then fried to perfection  
Served with syrup

**PBJ Filled French Toast** \$ 9.82

A peanut butter and jelly sandwich dipped in a cinnamon & nutmeg egg mixture then fried to perfection  
Served with syrup

**Steak & Egg Breakfast** \$13.39

2 Eggs, breakfast steak & toast.

**2 Egg Omelet:** \$ 8.04

A two egg omelet with your choice of fillings (cheese, ham, red pepper, onion, mushroom),

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Breakfast Sides

\$4.75 each

- 3 slices toast with butter & jam
- 2 bagels with cream cheese
- Plain grits
- Cheese Grits
- 4 slices tomato
- Fried marinated mushrooms (mushrooms, peppers, onions)
- 3 slices bacon
- 2 Sausage Patties
- 3oz Honey Cured Ham
- Angus Beef Frankfurter

Hot & Cold Beverages

Glass of Juice (Orange, Pineapple, Cranberry)	\$ 3.57
Glass of Milk	\$ 3.57
Tea (English breakfast, Earl Grey, Green or Chamomile)	\$ 3.57
Fresh Mint Tea	\$ 4.46
French Roast Regular Coffee	\$ 3.57
Espresso	\$ 4.46
Double Espresso	\$ 7.14
Cappuccino	\$ 5.36
Café Latte	\$ 5.36

ALL Prices in US\$ and Exclusive of 12% Government Taxes

A La Carte Breakfast Menu January 2020