

BREAKFAST

SATURDAY BREAKFAST

OMELETS TO ORDER

FILLINGS INCLUDE:

HAM
CHEESE
TOMATOES

MUSHROOMS
ONIONS
SWEET PEPPERS

HOT SELECTIONS

BELGIAN WAFFLES TO ORDER

SCRAMBLED EGGS
HOME FRIED POTATOES
TRADITIONAL EGGS BENEDICT

OATMEAL
SAUSAGE
FRENCH TOAST

SELECTION OF BREAD

WHITE
WHEAT
BUTTER/PEANUT BUTTER/JELLY

ENGLISH MUFFIN
BAGEL
BANANA BREAD

COLD SELECTIONS

FRESH CUT FRUIT
FRESH WHOLE FRUIT
FRUIT COMPOTE

YOGURT
YOGURT WITH MIXED BERRIES
SLICED HAM/TURKEY /SALAMI
SLICED HAM, TURKEY AND SALAMI

BEVERAGES

COFFEE - REGULAR/DECAF
MILK/CREAM

TEA
JUICE



LUNCH

SUNDAY LUNCH

SOUP & COLD SELECTIONS

SWEET CORN CHOWDER

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

TUNA SALAD
EGG SALAD
COLESLAW
POTATO SALAD

MAIN COURSE

JERK CHICKEN
"PEAS" AND RICE
CHICKPEA AND POTATO CURRY

BLACKENED FISH WITH CREOLE SAUCE
MAC & CHEESE

DESSERT

COCONUT COOKIES

PINEAPPLE UPSIDE DOWN CAKE





SUNDAY DINNER

APPETIZERS

EGG DROP SOUP

RICE NOODLES WITH GINGER CHICKEN

MUSHROOM SALAD

PINEAPPLE AND SEAFOOD SALAD

ASIAN CHOPPED SALAD

SALAD BAR

LETTUCE, CUCUMBER, TOMATO

SWEETCORN, BEETS ,

MIXED PEPPERS & HAM

MAIN COURSE

SWEET AND SOUR PORK

BEEF IN BLACK BEAN SAUCE

EGG FRIED RICE

STEAMED FISH WITH GINGER AND SOY DRESSING

VEGETABLE THAI GREEN CURRY

STIR FRIED BOK CHOY

DESSERT

COCONUT, RUM-RAISIN TART

WHITE CHOCOLATE BREAD PUDDING

PEANUT BUTTER COFFEE MOUSE



BREAKFAST

MONDAY BREAKFAST

OMELETS TO ORDER

FILLINGS INCLUDE:

HAM
CHEESE
TOMATOES

MUSHROOMS
ONIONS
SWEET PEPPERS

HOT SELECTIONS

BELGIAN WAFFLES TO ORDER

SCRAMBLED EGGS
SOUTHERN STYLE GRITS
BREAKFAST BURRITO

OATMEAL
BACON
PANCAKES

SELECTION OF BREAD

WHITE
WHEAT
BUTTER/PEANUT BUTTER/JELLY

ENGLISH MUFFIN
BAGEL
BANANA BREAD

COLD SELECTIONS

FRESH CUT FRUIT
FRESH WHOLE FRUIT
FRUIT COMPOTE

YOGURT
YOGURT WITH MIXED BERRIES
SLICED HAM/TURKEY /SALAMI
SLICED HAM, TURKEY AND SALAMI

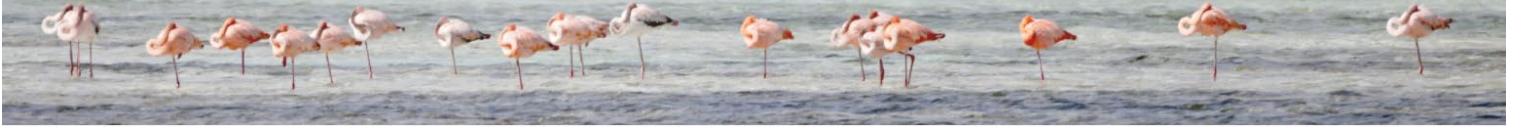
BEVERAGES

COFFEE - REGULAR/DECAF
MILK/CREAM

TEA
JUICE



LUNCH



MONDAY LUNCH

SOUP & COLD SELECTIONS

CREAM OF BROCCOLI SOUP

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

GREEK SALAD
LEMON HERB PASTA SALAD
COLESLAW
COUSCOUS SALAD

MAIN COURSE

CHICKEN SKEWERS W/SPICY TOMATO SAUCE
EGGPLANT MOUSSAKA (VEGETARIAN)
RICE PILAF WITH ROASTED NUTS AND RAISINS

GRILLED FISH W/OLIVES, CAPERS AND TOMATO
CHICKPEA AND VEGETABLE TAGINE

DESSERT

ORANGE BLOSSOM MUFFINS

CHOCOLATE CHIP COOKIES





DINNER

MONDAY DINNER

APPETIZERS

MUSHROOM CREAM SOUP

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS,
MIXED PEPPERS & HAM

TUNA PASTA SALAD

PINEAPPLE AND GOAT CHEESE SALAD
SWEET POTATO AND CHICKEN SALAD
COBB SALAD

MAIN COURSE

BRAISED BEEF STEW
GRILLED MAHI MAHI
ROASTED VEGETABLES

GRILLED CHICKEN IN PEPPER SAUCE
PENNE PUTTANESCA
HERB RICE

DESSERT

STRAWBERRY SHORTCAKE
WARM MIXED BERRY PUDDING

BOSTON CREAM CAKE



BREAKFAST

TUESDAY BREAKFAST

OMELETS TO ORDER

FILLINGS INCLUDE:

HAM
CHEESE
TOMATOES

MUSHROOMS
ONIONS
SWEET PEPPERS

HOT SELECTIONS

BELGIAN WAFFLES TO ORDER

SCRAMBLED EGGS
HASHBROWNS
BACON AND CHEESE FRITTATA BITES

OATMEAL
SAUSAGE
FRENCH TOAST

SELECTION OF BREAD

WHITE
WHEAT
BUTTER/PEANUT BUTTER/JELLY

ENGLISH MUFFIN
BAGEL
BANANA BREAD

COLD SELECTIONS

FRESH CUT FRUIT
FRESH WHOLE FRUIT
FRUIT COMPOTE

YOGURT
YOGURT WITH MIXED BERRIES
SLICED HAM/TURKEY /SALAMI
SLICED HAM, TURKEY AND SALAMI

BEVERAGES

COFFEE - REGULAR/DECAF
MILK/CREAM

TEA
JUICE



LUNCH

TUESDAY LUNCH

SOUP & COLD SELECTIONS

TACO SOUP

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS,
MIXED PEPPERS & HAM

CHEDDAR CHEESE, SALSA,
GUACAMOLE AND SOUR CREAM
CORN AND RED BEAN SALAD
CHICKEN AND RED ONION SALAD

MAIN COURSE

BBQ PULLED PORK
REFRIED BEANS/CHEESE SAUCE
GRILLED CORN FRITTERS

SPICED FISH WITH PINEAPPLE SALSA
RICE WITH BEANS AND CORN

DESSERT

CREAM PUFFS

BLUEBERRY CAKE





DINNER

TUESDAY DINNER

APPETIZERS

MINISTRONE SOUP

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

CAPRESE SALAD
GRILLED VEGETABLES
BALSAMIC GLAZED BEET AND APPLE SALAD
CHARCUTERIE

MAIN COURSE

CHICKEN COQ AU VIN
LASAGNA
RICE WITH TOMATO AND ONIONS

MUSSELS & CLAMS W/CAPER & TOMATOES
CHEESE RAVIOLI IN CREAM SPINACH SAUCE
GRILLED ZUCCHINI

DESSERT

TIRAMISU
PEACH COBBLER

BLACK FOREST CAKE



BREAKFAST

WEDNESDAY BREAKFAST

OMELETS TO ORDER

FILLINGS INCLUDE:

HAM
CHEESE
TOMATOES

MUSHROOMS
ONIONS
SWEET PEPPERS

HOT SELECTIONS

BELGIAN WAFFLES TO ORDER

SCRAMBLED EGGS
HOME FRIED POTATOES
FLORENTINE EGGS BENEDICT

OATMEAL
BACON
PANCAKES

SELECTION OF BREAD

WHITE
WHEAT
BUTTER/PEANUT BUTTER/JELLY

ENGLISH MUFFIN
BAGEL
BANANA BREAD

COLD SELECTIONS

FRESH CUT FRUIT
FRESH WHOLE FRUIT
FRUIT COMPOTE

YOGURT
YOGURT WITH MIXED BERRIES
SLICED HAM/TURKEY /SALAMI
SLICED HAM, TURKEY AND SALAMI

BEVERAGES

COFFEE - REGULAR/DECAF
MILK/CREAM

TEA
JUICE



LUNCH



WEDNESDAY LUNCH

SOUP & COLD SELECTIONS

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

BBQ CHICKEN SOUP

BROCCOLI AND BACON SALAD
SLICED CHEESE
POTATO SALAD
MIXED BEAN SALAD

MAIN COURSE

HAMBURGER
HOT DOG
FRENCH FRIES

GRILLED FISH
CHILI

DESSERT

COOKIES

DOUGHNUTS





DINNER

WEDNESDAY DINNER

APPETIZERS

FISH SOUP

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

GERMAN POTATO SALAD
GRILLED AUBERGINE
WATERMELON AND FETA SALAD
SHRIMP COCKTAIL

MAIN COURSE

BEEF GOULASH
GRILLED CHICKEN BREAST W/THYME JUS
HONEY ROASTED CARROT AND PUMPKIN

GRILLED FISH IN LEMON PARSLEY SAUCE
VEGETABLE STEW
STEAMED RICE

DESSERT

CRÈME BRULÉ
WHITE CHOCOLATE BREAD PUDDING

CHOCOLATE TART



BREAKFAST

THURSDAY BREAKFAST

OMELETS TO ORDER

FILLINGS INCLUDE:

HAM
CHEESE
TOMATOES

MUSHROOMS
ONIONS
SWEET PEPPERS

HOT SELECTIONS

BELGIAN WAFFLES TO ORDER

SCRAMBLED EGGS
SOUTHERN STYLE GRITS
BREAKFAST BURRITO

OATMEAL
SAUSAGE
FRENCH TOAST

SELECTION OF BREAD

WHITE
WHEAT
BUTTER/PEANUT BUTTER/JELLY

ENGLISH MUFFIN
BAGEL
BANANA BREAD

COLD SELECTIONS

FRESH CUT FRUIT
FRESH WHOLE FRUIT
FRUIT COMPOTE

YOGURT
YOGURT WITH MIXED BERRIES
SLICED HAM/TURKEY /SALAMI
SLICED HAM, TURKEY AND SALAMI

BEVERAGES

COFFEE - REGULAR/DECAF
MILK/CREAM

TEA
JUICE



LUNCH



THURSDAY LUNCH

SOUP & COLD SELECTIONS

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS,
MIXED PEPPERS & HAM

PUMPKIN SOUP

TUNA SALAD

BLACKENED CHICKEN AND APPLE SALAD
COLESLAW
CAULIFLOWER AND RED ONION SALAD

MAIN COURSE

PORK RIBS
SPINACH QUICHE
SWEET POTATO WEDGES

FRIED CHICKEN WINGS
PASTA PUTTANESCA

DESSERT

COOKIES

CUPCAKES





DINNER

THURSDAY DINNER

APPETIZERS

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

SWEET POTATO SOUP

SPICED CARROT SALAD
CUCUMBER SALAD
FRIED CHICKPEA SALAD
QUINOA AND CHICKEN SALAD

MAIN COURSE

LAMB KORMA
TANDOORI CHICKEN
VEGETABLE JALFREZI

GRILLED FISH IN TAMARIND CURRY SAUCE
POTATO AND RED BEAN CURRY
BASMATI RICE WITH FRIED ONIONS

DESSERT

MANGO CHEESECAKE
RICE PUDDING

KEY LIME PIE



BREAKFAST

FRIDAY BREAKFAST

OMELETS TO ORDER

FILLINGS INCLUDE:

HAM
CHEESE
TOMATOES

MUSHROOMS
ONIONS
SWEET PEPPERS

WAFFLES TO ORDER

HOT SELECTIONS

BELGIAN WAFFLES TO ORDER

SCRAMBLED EGGS
HASHBROWNS
SPINACH AND CHEESE FRITTATA

OATMEAL
BACON
PANCAKES

SELECTION OF BREAD

WHITE
WHEAT
BUTTER/PEANUT BUTTER/JELLY

ENGLISH MUFFIN
BAGEL
BANANA BREAD

COLD SELECTIONS

FRESH CUT FRUIT
FRESH WHOLE FRUIT
FRUIT COMPOTE

YOGURT WITH MIXED BERRIES
SELECTION OF CHEESES
SLICED HAM, TURKEY AND SALAMI

BEVERAGES

COFFEE - REGULAR/DECAF
MILK/CREAM

TEA
JUICE



LUNCH



FRIDAY LUNCH

SOUP & COLD SELECTIONS

CARIBBEAN STYLE BEEF SOUP

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

JERK CHICKEN AND SWEETCORN SALAD
COLESLAW
RED BEAN AND TOMATO SALAD
PINEAPPLE AND CUCUMBER SALAD

MAIN COURSE

BLACKENED CHICKEN
FRIED PLANTAIN
"PEAS" AND RICE

FRIED FISH IN CREOLE SAUCE
CARIBBEAN VEGETABLE STEW

DESSERT

VANILLA SWISS ROLL

CHOCOLATE ÉCLAIR





DINNER

FRIDAY DINNER

APPETIZERS

CONCH CHOWDER

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

GRILLED TUNA NIÇOISE
SEAFOOD SALAD
CAPRESE SALAD
MUSHROOM AND BROCCOLI SALAD

MAIN COURSE

GRILLED RIBEYE STEAK
FRIED CALAMARI
HONEY ROASTED MIX VEGETABLES

GRILLED FISH WITH SEAFOOD SAUCE
MUSHROOM RAVIOLI
HERB ROASTED POTATOES

DESSERT

PECAN TART
APPLE CRUMBLE

CHOCOLATE CAKE



BREAKFAST

SATURDAY BREAKFAST

OMELETS TO ORDER

FILLINGS INCLUDE:

HAM
CHEESE
TOMATOES

MUSHROOMS
ONIONS
SWEET PEPPERS

HOT SELECTIONS

BELGIAN WAFFLES TO ORDER

SCRAMBLED EGGS
HOME FRIED POTATOES
BREAKFAST BURRITO

OATMEAL
SAUSAGE
PANCAKES

SELECTION OF BREAD

WHITE
WHEAT
BUTTER/PEANUT BUTTER/JELLY

ENGLISH MUFFIN
BAGEL
BANANA BREAD

COLD SELECTIONS

FRESH CUT FRUIT
FRESH WHOLE FRUIT
FRUIT COMPOTE

YOGURT WITH MIXED BERRIES
SELECTION OF CHEESES
SLICED HAM, TURKEY AND SALAMI

BEVERAGES

COFFEE - REGULAR/DECAF
MILK/CREAM

TEA
JUICE



LUNCH



SATURDAY LUNCH

SOUP & COLD SELECTIONS

VEGETABLE SOUP

SALAD BAR

LETTUCE, CUCUMBER, TOMATO

SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

FETA AND TOMATO SALAD

WALDORF SALAD

BLACK FOREST HAM AND PEPPER SALAD

BALSAMIC BEAN SALAD

MAIN COURSE

CHICKEN A LA KING

RICE WITH SAUTEED VEGETABLES

PENNE ARRABIATA

GRILLED FISH WITH CHIMICHURRI

ROASTED SWEET POTATOES

DESSERT

SUGAR COOKIES

CHOCOLATE CUPCAKES





DINNER

SATURDAY DINNER

APPETIZERS

PUMPKIN SOUP

SALAD BAR

LETTUCE, CUCUMBER, TOMATO
SWEETCORN, BEETS ,
MIXED PEPPERS & HAM

GREEK SALAD
GRILLED VEGETABLES
BEET SALAD
GRILLED BEEF, PINEAPPLE SALAD

MAIN COURSE

PORK LOIN WITH GRILLED PINEAPPLE
CHICKEN CACCIATORE W/OLIVES & MUSHROOM
RATATOUILLE

GRILLED MAHI MAHI IN LEMON BUTTER SAUCE
SPINACH CANNELLONI
STEAMED RICE WITH PARSLEY

DESSERT

CHOCOLATE CHEESECAKE
STRAWBERRY PANACOTTA

STICKY TOFFEE PUDDING

