

East Bay Resort – South Caicos

All Day Menu

Salads

Caesar Salad	\$10.50
<i>Lettuce, Bacon, garlic croutons, Parmesan in homemade caesar dressing</i>	
Jerk Chicken Caesar Salad	\$16.75
<i>Caesar Salad with jerk aioli and topped with a 6oz grilled Jerk Chicken breast</i>	
Shrimp Caesar Salad	\$17.50
<i>Caesar salad with poached shrimp</i>	
Striploin Caesar Salad	\$19.95
<i>Caesar salad topped with an 8oz striploin steak</i>	
East Bay Salad (V, GF)	\$12.75
<i>Lettuce, tomato, cucumber, peppers, green onions, black olives, tossed in a lime and Olive oil dressing</i>	
East Bay Shrimp Salad (V, GF)	\$19.75
<i>5 poached tiger shrimp drizzled with a spicy cocktail sauce on top of a bed of Lettuce, tomato, cucumber, peppers, green onions, black olives, tossed in a lime and Olive oil dressing</i>	
East Bay Lobster Salad (V, GF) (Seasonal)	\$22.50
<i>Half a poached lobster drizzled with a spicy cocktail sauce on top of a bed of Lettuce, tomato, cucumber, peppers, green onions, black olives, tossed in a lime and Olive oil dressing</i>	

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Appetizers

Cracked Conch	\$12.95
<i>Cracked Local queen Conch meat fried in House Batter, served with Tartar Sauce</i>	
French Fries	\$ 6.00
Conch Fritters	\$13.00
<i>Local conch with onions, peppers, tomato house spice mix & batter. Served with cocktail sauce</i>	
Corn & Conch Chowder	\$7.50
<i>A thick and creamy conch, potato and corn chowder</i>	

Soft Shell Tacos

All Tacos are served with French fries tossed in our signature seasoning. 2 soft flour tortillas filled with lettuce, tomato, peppers, cucumbers & Fresh cilantro.

Vegetable	\$14.50
<i>Chilled roasted vegetables in a honey Dijon dressing</i>	
Jerk Chicken	\$16.95
<i>With chilled Jerk chicken breast and Jerk aioli</i>	
Cajun Mahi Mahi	\$17.75
<i>Chilled Cajun Mahi Mahi with a coconut cilantro aioli</i>	
Shrimp	\$18.95
<i>Chilled poached shrimp with spicy cocktail sauce</i>	
Lobster (Seasonal)	\$20.95
<i>Chilled poached lobster with caper and olive aioli</i>	

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Build Your Own Pizzas

Start with our basic margarita pizza and add the toppings of your choice
From the list below:

Gluten Free Pizza on GF bread is available for an additional Cost of \$5.50

Margarita Pizza (V) \$ 9.95

Tomato Sauce & Mozzarella Cheese

Basic Toppings \$1.50 per topping__

Red Onions, Green Onions,
Red Peppers, Mushrooms,
Broccoli, Cauliflower,
Fresh Tomato, Zucchini,
Sundried Tomato, Pineapple_____

Deluxe Toppings \$2.50 per topping

Kalamata olives, Stuffed Green Olives,
Pepperoni, Ham,
Bacon,
Jerk Chicken, Smoked Turkey,

Signature Toppings \$4.25 per topping

Anchovies, Shrimp,
Capers, Chorizo Salami

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Pasta

Pasta choices: Penne, Fettuccini or Spaghetti

Gluten Free Pasta (linguini or spaghetti) is available on request
for an additional cost of \$7.50

Pasta with Butter (V)	Small \$6.95	Large \$12.50
Pasta Pomodoro	Small \$7.00	Large \$13.00
<i>Tomato Sauce, parsley & parmesan cheese</i>		
Pasta with Meatballs	Small \$9.95	Large \$18.00
<i>Tomato Sauce and meatballs</i>		
Pasta Pollo Prima Vera (V)	Small \$14 .50	Large \$23.75
<i>Tomato Sauce, garlic chicken and roasted vegetable</i>		
Shrimp Pasta Alfredo (V)	Small \$15.50	Large \$25.50
<i>Cream, parmesan cheese, parsley and shrimp</i>		
South Caicos Cheesy Mac & Cheese		\$10.95
<i>Classic baked Mac and cheese with peppers and onions</i>		
Jerk Chicken Mac & Cheese		\$14.50
<i>Classic baked Mac and cheese with jerk Chicken</i>		
Shrimp Mac & Cheese		\$16.50
<i>Classic baked Mac and cheese with shrimp</i>		

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Burgers

All burgers are garnished with lettuce, tomato, Mayo and red onion.

Served with French fries tossed in our signature seasoning.

Burgers on Gluten Free bread available for an Additional cost of \$5.50

Burgers can be served on lettuce instead of the burger bun.

The Beach Burger:

6oz Grilled beef burger	\$13.75
6oz Grilled Chicken Breast	\$14.75
Portobello Mushroom	\$15.75

Cheese Burger: Topped with American cheese

6oz Grilled beef burger	\$14.75
6oz Grilled Chicken Breast	\$15.75
Portobello Mushroom	\$16.75

Bacon Cheese Burger: Topped with American cheese & bacon.

6oz Grilled beef burger	\$16.95
6oz Grilled Chicken Breast	\$17.95
Portobello Mushroom	\$18.95

Pepper Crusted Burger:

Coated with course ground black pepper and grilled to perfection

6oz Grilled beef burger	\$15.55
6oz Grilled Chicken Breast	\$16.55
Portobello Mushroom	\$17.55

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Jerk Burger:

Smothered with homemade Jerk Sauce and Jerk Aioli.

6oz Grilled beef burger	\$15.95
6oz Grilled Chicken Breast	\$16.95
Portobello Mushroom	\$17.95

Thai Satay Burger:

Topped with Orange Peanut Sauce and Peanut Aioli.

6oz Grilled beef burger	\$16.50
6oz Grilled Chicken Breast	\$17.50
Portobello Mushroom	\$18.50

Curry Burger:

Topped with a Spicy Sri Lankan Curry Sauce and Curry Aioli.

6oz Grilled beef burger	\$16.50
6oz Grilled Chicken Breast	\$17.50
Portobello Mushroom	\$18.50

Cajun Burger:

Coated with Cajun Spice and grilled to perfection

6oz Grilled beef burger	\$15.95
6oz Grilled Chicken Breast	\$16.95
Portobello Mushroom	\$17.95

XXXX F----ing Hot Burger:

Topped with our own XXXXXXXX Hot Pepper Sauce.

Served with a glass of milk

6oz Grilled beef burger	\$18.50
6oz Grilled Chicken Breast	\$19.50
Portobello Mushroom	\$20.50

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Entrées

Jamaican Style Jerk Chicken	\$12.95
<i>A chicken leg quarter marinated in a jerk sauce, and slow roasted served with Peas & Rice and a jerk aioli</i>	
Chicken Fingers and Fries (3 pieces)	\$10.00
<i>Served with sweet chili dipping sauce</i>	
Chicken Fingers and Fries (6 pieces)	\$18.00
<i>Served with sweet chili dipping sauce</i>	
Local Fried Chicken	\$16.00
<i>1lb of Caribbean style fried chicken, with Fries</i>	
Lime BBQ Chicken Wings	\$16.00
<i>1lb of naked wings tossed in a lime BBQ Sauce. Served with Fries</i>	
Hot Dog and Fries	\$ 6.95
Steak Frites	\$17.50
<i>A Grilled 8oz Striploin steak served with French fries and mayonnaise</i>	
Fish & Chips	\$17.00
<i>Local fish in house batter served with fries and East Bay tartar sauce</i>	

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Sauces

BBQ Sauce	\$1.95
Sriracha Hot Sauce	\$1.95
XXXXXXX FH Hot Sauce	\$1.95
Jerk Aioli	\$1.95
Caper & Olive Aioli	\$3.50
Satay Sauce	\$3.50