

# *East Bay Resort – South Caicos*

## *Dinner Menu*

### *Starters*

Caesar Salad \$12.00

*Lettuce, Bacon, Parmesan in homemade dressing*

Roasted Vegetable Salad (V, GF) \$10.00

*Oven roasted vegetables tossed in a honey Dijon vinaigrette on a bed of lettuce*

Add any of the following cold items to you Caesar or Vegetable Salad

Roasted Vegetables (V, GF) \$ 5.00

Roasted Chicken (GF) \$ 6.00

Jerk Chicken \$ 6.00

6oz poached lobster (GF) \$ 16.00

Conch Ceviche (GF) \$14.00

*Local conch, onion, peppers, cucumber, cilantro served in conch shell*

Lobster Cocktail (GF) \$19.00

*Cold poached Local spiny lobster with cocktail sauce*

Conch Fritters \$10.00

*Local conch, onion, bell Pepper, tomato, house spice mix, batter served with cocktail sauce*

### *Soup*

Lobster Bisque \$16.00

*Creamy Lobster Soup*

All prices are in US\$ and exclusive of 12% Government Tax

Dinner Menu Dec 2018

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### *Pastas & Others*

Fettuccini Alfredo (V,GF) \$18.00  
*Cream, parmesan, parsley*

Seafood Pasta Marinara (GF) \$23.00  
*Shrimp, red snapper with penne pasta in a creamy tomato & red pepper sauce*

Penne Carbonara \$19.00  
*Bacon, Parsley, White Wine, Cream Sauce, egg yolk*

Add the following to any pasta dish

Roasted Vegetables (V, GF)	\$ 5.00
Chicken (GF)	\$ 6.00
Red Snapper (GF)	\$ 9.00
5 Shrimps (GF)	\$12.00
6oz Lobster (GF)	\$16.00

#### Sri Lankan Curry

A flavourful and spicy Sri Lankan curry sauce that can be added to one of the following: Served with steamed rice

Vegetables (V, GF)	\$23.00
Chicken (GF)	\$23.00
Red Snapper (GF)	\$27.00
7 Tiger shrimps (GF)	\$29.00
8oz Lobster (GF)	\$30.00

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### *Entrees*

**All Entrees are served with roasted vegetables and your choice of 1 side**

<b>Middle Eastern Lamb Rack</b>	<b>\$39.00</b>
<i>Lamb rack seasoned with a middle eastern spice blend then crusted with a Dijon lime and garlic streusel</i>	
<b>8oz Beef Tenderloin (GF)</b>	<b>\$39.00</b>
<i>Black Angus Beef tenderloin</i>	
<b>Steak Frites</b>	<b>\$29.00</b>
<i>A Grilled 8oz Striploin steak served with fries, mayonnaise &amp; cocktail sauce</i>	
<b>12oz Beef Rib Eye Steak (GF)</b>	<b>\$37.00</b>
<i>A boneless ribeye steak grilled to perfection</i>	
<b>Jamaican Style Jerk Chicken</b>	<b>\$19.00</b>
<i>A chicken leg quarter marinated in a jerk sauce and slow roasted served with A jerk aioli (requires 25 minutes to cook)</i>	
<b>Catch of the Day (GF)</b>	<b>\$32.00</b>
<b>(Grilled, Steamed, Blackened or Fried)</b>	
<i>Ask your server for today's Catch</i>	
<b>Grilled Lobster with Garlic Butter (GF)</b>	<b>\$39.00</b>
<i>12-16oz Local spiny lobster</i>	
<b>Large Grilled Lobster with Garlic Butter (GF)</b>	<b>\$45.00</b>
<i>18-24oz Local spiny lobster (check with server for availability)</i>	
<b>Surf and Turf</b>	<b>\$45.00</b>
<i>8oz Beef Tenderloin with cracked conch, 2 grilled shrimps served with tartar sauce &amp; Garlic Butter</i>	
<b>Seafood Platter</b>	<b>\$45.00</b>
<i>8oz grilled lobster, Red Snapper Fillet and cracked conch, served with rice, garlic butter, cocktail sauce, roasted red pepper mojo &amp; Garlic Butter</i>	

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### *Side Dishes*

Coconut Peas & Rice (V, GF)	\$4.00
Mashed Potatoes (V, GF)	\$4.00
Roasted Vegetable (V, GF)	\$4.00
French Fries	\$4.00
White Rice (V, GF)	\$4.00
Side Salad	\$7.00

### *Sauces*

Roasted Red Pepper Mojo (V,GF)	\$3.00
Chimichurri (V, GF)	\$5.00
Pineapple Chutney (V,GF)	\$4.00
Jerk Aioli (V)	\$3.00
Coconut Cilantro Aioli (V, GF)	\$3.00

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### *For Special Occasions*

#### *24 Hour Advance Reservations Required*

<b>Chateaubriand for Two</b>	<b>\$110.00</b>
<i>Beef tenderloin with grilled tomato, Sautéed mushrooms, Roasted Vegetables, truffle salt &amp; olive oil crusted baked potato, Served with béarnaise sauce</i>	
<b>Seafood Extravaganza for Two</b>	<b>\$130.00</b>
<i>Grilled spiny lobster, sautéed garlic shrimp, grilled shrimp, cracked conch, conch fritters, conch ceviche, steamed vegetables, rice and peas, cocktail sauce, tartar sauce and garlic butter</i>	
<b>“Your” Catch of the Day (Grilled, Steamed or Fried)</b>	<b>\$12.00</b>
<i>Price per person, sides additional. Bring your fish 2h prior to your dinner.</i>	

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### *For our younger guests*

Caesar Salad	\$ 7.00
Penne with butter	\$ 8.00
Penne Pomodoro (tomato Sauce)	\$ 8.00
Penne with tomato sauce & meatballs	\$10.00
Chicken Fingers(4) and fries	\$12.00
Hot Dog & Fries	\$ 8.00
4oz Striploin steak & fries	\$14.00