

East Bay Resort – South Caicos

All Day Menu

Starters

Caesar Salad 12.00
Lettuce, Bacon, Parmesan in a homemade dressing

Couscous Salad 10.00
Couscous, Tomatoes, Cucumber, Red Onion & Olives

Add any of the following cold items to you Caesar
or Couscous Salad

Roasted Vegetables (V, GF)	\$ 5.00
Roasted Chicken (GF)	\$ 6.00
Jerk Chicken	\$ 6.00
6oz poached lobster (GF)	\$ 16.00

Lobster Salad 18.00
Cold Poached Caribbean Lobster tossed with Peppers, Tomato, Cucumber,
& Red Onion on a bed of lettuce drizzled with a spicy Mayo dressing

Cracked Conch 14.00
*Cracked Local queen Conch meat fried in House Batter,
served with Tartar Sauce*

Conch Fritters 12.00
*Local conch with onions, peppers, tomato house spice mix & batter
Served with cocktail sauce*

Soft Shell Tacos

2 soft flour tortillas filled with lettuce, tomato, peppers, cucumbers & Fresh cilantro and your choice of filling served with Fries & house seasoning

Vegetable (V)	14.00
<i>Chilled roasted vegetables in a honey Dijon dressing</i>	
Mahi Mahi	16.00
<i>Chilled blackened Mahi Mahi with a coconut cilantro aioli</i>	
Lobster	18.00
<i>Chilled poached lobster with caper and olive aioli</i>	
Chicken Caesar	14.00
<i>Cold roast chicken breast with homemade Caesar dressing</i>	
Jerk Chicken	12.00
<i>Jerk chicken with Jerk aioli</i>	

Pizzas

Margarita Pizza (V)	12.00
<i>Tomato Sauce & Mozzarella Cheese</i>	
Meat Lovers Pizza	16.00
<i>Tomato Sauce, Mozzarella Cheese, pepperoni, Honey cured Ham, Bacon and Chorizo</i>	
Vegetable Pizza (V)	14.00
<i>Tomato Sauce, Mozzarella Cheese, roasted vegetables</i>	

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Sandwiches

All Sandwiches are served with Fries & House Seasoning

Roasted Vegetable Baguette 14.00

A medley of oven roasted vegetables tossed in a honey mustard vinaigrette with
With lettuce, tomato and provolone cheese

South Caicos Club Baguette 16.00

Roasted chicken breast, bacon, lettuce, tomato & mayonnaise

3 Cheese and Tomato Melt 12.00

Cheddar, mozzarella & provolone cheese

Open Faced Steak Baguette 18.00

4oz Striploin steak topped with caramelized onions and a blend of cheddar
And mozzarella cheese & Mayo

Beach Burger 14.75

*6oz Angus beef burger with American cheese
Garnished with mayonnaise, lettuce, red onion & tomato*

Bacon Cheese Burger 17.00

*6oz Angus beef burger with American cheese & bacon.
Garnished with mayonnaise, lettuce, red onion & tomato*

Entrées

Fish & Chips	18.00
<i>Red snapper in house batter served with fries and East Bay tartar sauce</i>	

Local Fried Chicken	16.00
1lb of Caribbean style fried chicken, with Fries	

For our younger guests

Caesar Salad	7.00
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Penne with butter	8.00
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Penne Pomodoro (tomato Sauce)	8.00
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Penne with tomato sauce & meatballs	10.00
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Chicken Fingers(4) and fries	12.00
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Hot Dog & Fries	8.00
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